

Transcript for 'Baseball Players Have Some Interesting Rituals'

0:02

Ozzie Smith is ready for the flip, and we're ready to start the season. Here we go.
[Applause]

0:09

The 40-year-old shortstop, Anthony Nomar Garciaparra, is going through a new ritual. Apparently, he's exorcised the demons of that last at-bat. Every player has a ritual, but his is pretty unique.

0:31

If people have one takeaway from weighted balls, it's that it's basically weightlifting for your arm—preparing yourself so that the game isn't as stressful relative to your preparation. What an appropriate ending: a strikeout at 98 miles an hour. And there goes the arrow – another one for Fernando Rodney is 38. Puig has a unique relationship with his bat. [Music]

1:11

Edwin Encarnación lofts one high and deep down the left-field line. Is it fair? It is a fair ball and a home run. Edwin Encarnación hits number 28. The Indians hit their fourth tonight, making it 10–1 Cleveland in the ninth. What a road trip for Encarnación—six home runs on this trip. His main game bat does not go in the bat rack; it stays on top of the bench. His philosophy throughout the years is that he wants to be respectful of his equipment.