8.12: Unit 3 Exam

1. Fourteen-year-old Monica is very idealistic and often develops crushes on people she doesn't even know. This reflects her newly developed cognitive ability to:
   a. imagine possible worlds and people.
   b. take another person's viewpoint.
   c. deal simultaneously with two sides of an issue.
   d. see herself as others see her.

2. The term menarche refers to:
   a. first ovulation.
   b. the growth of the uterus.
   c. a girl's first menstrual period.
   d. the start of estrogen production.

3. New research indicates changes in the teenage brain. What occurs?
   a. There is a growth spurt in the prefrontal lobes of the brain.
   b. The hippocampus shrinks substantially.
   c. The circadian rhythm shifts making teens more alert in the morning.
   d. The motor cortex doubles in size.

4. Which of the following is TRUE about puberty?
   a. Only males experience lowered voices during puberty.
   b. Both males and females may experience breast growth during puberty.
   c. Teens typically gain about 20 pounds in weight during puberty.
   d. Males have greater body image problems than do females.
5. Most teens in the United States have which problem with nutrition?
   a. They have too much calcium in the diet.
   b. They consume too many calories and inadequate nutrition.
   c. They typically do not consume enough protein.
   d. They have low sodium levels.

6. The substance that is most commonly used by youth in America today is:
   a. Alcohol.
   b. Vicodin.
   c. Tobacco.
   d. Marijuana.

7. Which of the following is TRUE of youth in the United States today?
   a. Teen pregnancy rates are down.
   b. Teen crime rates have increased sharply in the last 5 years.
   c. Teen drop out rates are at all time high.
   d. Teens suicide rates have increased steadily since the 1970s.

8. Changes in secondary sex characteristics include ALL BUT WHICH ONE?
   a. growth of the testes.
   b. The development of pubic hair.
   c. Breast development.
   d. An accumulation of fat on the thighs and hips.

9. The invincibility fable refers to a teenager’s
   a. belief that the body is indestructible.
   b. feeling that everyone is watching their behavior.
   c. belief that they are destined to be famous.
   d. feeling that others do not understand how the teen feels.

10. Which of the following is TRUE concerning teens?
    a. Teens are often the victims of violence.
    b. Most types of teen crime are higher today than ever before.
    c. There are more runaway teens than thrownaway teens.
    d. Teen pregnancy rates are at an all-time high in the United States.

11. Bob helped his sports team win the state championship and now he thinks he may someday be famous. This reflects:
    a. the invincibility fable.
    b. egocentrism.
    c. the personal fable.
    d. the imaginary audience.

12. This type of love is self-centered and manipulative.
    a. agape.
b. storge.
c. ludus.
d. companionate.

13. If you believe the principle of least interest, you can maximize your power:
   a. by showing your partner how much you need him or her.
   b. by having plenty of other options for other relationships.
   c. by doing things to gain your partner's interest in the relationship.
   d. by being kind and loving.

14. Early adulthood is a time of:
   a. peak physiological development.
   b. thinking that you are destined to be famous.
   c. worrying about what others think.
   d. concrete operational thought.

15. This type of thought is associated with adulthood and education.
   a. concrete operational thought.
   b. dialectical thought.
   c. preoperational thought.
   d. existential thought.

Contributors