Introduction to Psychology utilizes the dual theme of behavior and empiricism to make psychology relevant to introductory students. This book aims to help students organize their thinking about psychology at a conceptual level.

- Front Matter
- 1: The Science of Psychology
- 2: Brains, Bodies, and Behavior
- 3: Learning
- 4: Remembering and Judging
- 5: Growing and Developing
- 6: Sensing and Perceiving
- 7: States of Consciousness
- 8: Intelligence and Language
9: Emotions and Motivations
10: Personality
11: Defining Psychological Disorders
12: Treating Psychological Disorders
13: Psychology in Our Social Lives
Back Matter