Introduction to Psychology utilizes the dual theme of behavior and empiricism to make psychology relevant to introductory students. This book aims to help students organize their thinking about psychology at a conceptual level.

- Front Matter
- 1: The Science of Psychology
- 2: Brains, Bodies, and Behavior
- 3: Learning
- 4: Remembering and Judging
- 5: Growing and Developing
- 6: Sensing and Perceiving
- 7: States of Consciousness
- 8: Intelligence and Language
This text is a presentation of how and why children grow, develop, and learn. We will look at how we change physically over time from conception through adolescence. We examine cognitive change, or how our ability to think and remember changes over the first 20 years or so of life. And we will look at how our emotions, psychological state, and social relationships change throughout childhood and adolescence.